



Safeguarding Newsletter

4.10.24

Nothing is more important to us than the safety and welfare of our pupils.

We are fully committed to safeguarding and promoting the welfare of our children and young people within our school. We work closely with families and a range of professional external agencies to secure this and follow Dudley Safeguarding policies and procedures within our school.

We hope you find this Safeguarding Newsletter useful and aim to send at least one each half term.

Reminder

A polite reminder that recording and photography is not permitted on our school site at any time. Please ensure that if you are visiting school for celebration assemblies or workshops, that mobile phones are kept away in bags or pockets at all times. Staff will issue reminders and ask that school policy is followed for the safety and protection of all of our pupils. Thank you for your understanding.



Reflexions Parent Workshops

Parent workshops will take place at 2pm, we will write nearer the time but some advance warning for some dates for your diaries.

- 10.10.24 – What is Anxiety – open to all parents
- 6.11.24 – Social media and mental health – open to all parents

You can email into reserve@petershillprimary.org anytime to reserve your place at the workshops.

Happier Minds & Mental Health

www.happierminds.org is a website with a wealth of information related to Mental Health. It is devised by specialists within Dudley and aimed at Dudley schools and families. You can 'enter' the site as a parent or a child and find support and research on a number of issues including anxiety, well-being, transitions to secondary school and exam stress to name a few.

Other helpful sites include;

www.youngminds.org.uk

www.mind.org.uk

www.annafreud.org

www.place2be.org.uk



YOUNGMINDS



Peters Hill Primary School

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Mental Health Ambassadors

This year we are working with Reflexions to launch a new initiative, training 20 children for Year 5 and 6 to be Well Being Ambassadors. Interested children will be invited to check the job description and apply for a position. They will receive training and then have tasks to carry out across the school.

We want to create a whole school approach to mental health, ensuring that anyone can ask for help at any time. As a mental health ambassador, the children will learn about the difference between everyday feelings and big feelings; how can I look after my mental health; how can I support my friends; the history of the NHS and how the NHS can look after us. There will be fun challenges and exciting opportunities to help the school.

Young Minds Mental Health Day

On 10th October we are holding a sponsored Danceathon to raise money for Young Minds and school fund. Young Minds are a charity who offer a range of services to schools, families and young people. We hope you can support this fun fundraising day.



The following link is a parent guide to an A-Z for mental health guide which is easy to follow:

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/>

Reflexions Half Term Pupil Workshops

Reflexions are running some half term workshops this October in community spaces. As soon as we have been notified we will advertise these. Events are expected to include 'Craft n chat, Spook your worries away and a 'Halloween event at the allotment.' Watch this space.

Referrals

There are a number of charities and organisations school can make referrals to on your behalf. This includes food bank, Kids Clothes Project and Provision House to name a few. If you need some help, please contact the school office who can put you in touch with Karen Bridgwater, our safeguarding officer. All referrals are treated with sensitivity and are confidential.

Meet our Safeguarding Team

Tracy Curnin	Simon Duncan	Hayley Owen	Ellen Foxall	Karen Bridgwater
				
DSL	Deputy DSL	Deputy DSL	Deputy DSL	Safeguarding Officer

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